

CAMP STAFF

BILL BRODERICK - HEAD COACH



COACH BRODERICK in his first seven years as the head women's basketball coach, has guided the Christopher Newport women's basketball team to six of the most successful seasons in program history. This past season, the Captains posted a 25-6 overall record with another trip to the NCAA Sweet Sixteen while capturing the CAC Regular Season and Tournament Championships. Just two seasons ago, the Captains

posted a 29-3 overall record while earning a trip to the NCAA Final Four for just the second time in school history. During the other five seasons, his squads earned four more bids to the NCAA Tournament including three trips to the Sweet Sixteen in 2013-14, 2015-16 and 2017-18 as well as a trip to the Elite Eight in 2012-13. In just his fifth season, Broderick eclipsed the 100-win plateau faster than any coach in CNU Athletics history, and has an impressive overall record of 173-37 for an astonishing .824 winning percentage. Broderick's 26-year coaching resume includes experience at nearly every level of competition, including 11 years as a Division I assistant coach consisting of stints at Bucknell University, Elon University, the University of Pittsburgh and the University of Arizona.

RACHEL FERRI - CAMP DIRECTOR



COACH FERRI has just completed her first season as the top assistant coach for the CNU women's basketball team. Prior to CNU, Ferri served as an assistant coach at Springfield College in Massachusetts from 2016-18 and Rhode Island College from 2013-16, where she helped guide the

Anchorwomen to the NCAA Tournament. Before joining the coaching ranks, Ferri was a member of back-to-back conference championship teams at Catholic University in 2012 and 2013, including a school record 27 wins when the Cardinals posted an overall record of 27-2 and made a run to the NCAA Second Round in her senior season.

CAPTAINS GIRLS BASKETBALL CAMP

Attn: Women's Basketball
P.O. Box 6023
Newport News, VA 23606



CAPTAINS™

2019 GIRLS BASKETBALL CAMPS

at Christopher Newport University



FUNDamental DAY CAMP
June 17-21 Ages 8-13

ELITE PROSPECT CAMP
June 28-29 H.S. Players

CAMP PHILOSOPHY

The Captains Girls Basketball Camps are dedicated to providing an opportunity for players of all levels to develop and improve their basketball skills through instruction in fundamentals and participation in contests and games. Campers will be divided into groups based upon age and ability levels to insure the best possible experience for each camper. We hope that all campers will also acquire an appreciation for teamwork, sportsmanship and the enjoyment of competition that comes with the game of basketball through a memorable camp experience.



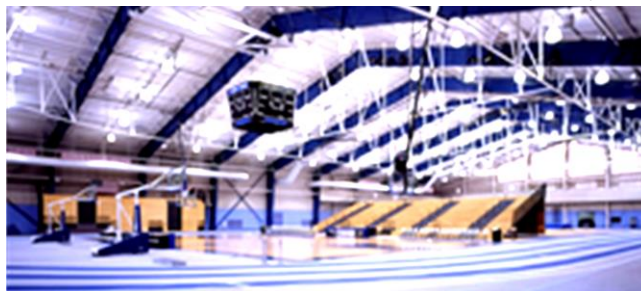
ABOUT THE CAPTAINS

- ★ 2018-19 NCAA Sweet Sixteen - Ranked 21st
CAC Conference Champions – Record - 25-6
- ★ 2017-18 NCAA Sweet Sixteen - Ranked 13th
CAC Conference Runner-ups – Record - 25-5
- ★ 2016-17 NCAA Final Four - Ranked 4th
CAC Conference Champions – Record - 29-3
- ★ 2015-16 NCAA Sweet Sixteen - Ranked 18th
CAC Conference Runner-ups – Record - 24-5
- ★ 2013-14 NCAA Sweet Sixteen - Ranked 15th
CAC Conference Runner-ups – Record - 24-6

QUICK CAMP FACTS

ATHLETIC TRAINING: A certified athletic trainer will be on-site at all times during camp hours. Any medical emergencies or illnesses will be referred to nearby Riverside Hospital.

FACILITIES: All camps will be held in the Freeman Center, CNU's state-of-the-art facility, which is home to the men's and women's basketball, volleyball and indoor track & field teams located on the campus of Christopher Newport University.



FUNDAMENTAL DAY CAMP

June 17 - 21 • 9:00am - 4:00pm • Ages 8 - 13
Registration: 6/17/19 @ 8:30 - 9:00am - Freeman Center

This camp will focus on the fundamentals of the game such as shooting, ball handling, passing, rebounding and defense with an emphasis put on sportsmanship, teamwork and **FUN!** Activities will consist of games, contests, station work, free throws and more! All campers will receive a free camp t-shirt.

► **LUNCH** – Campers may bring their own lunch or purchase lunch at the CNU concessions stand in the Freeman Center.

*A \$25 discount applies for 2 or more campers from the same family
A \$25 discount applies for all CNU Faculty/Staff*



ELITE PROSPECT CAMP

June 28 - 29 • Rising 9th - 12th Graders
Overnight Check-In: 6/28/19 @ Noon-1:30pm - Residence Hall
Commuter Registration: 30 min. Before 1st Session - Freeman Center

This camp is for the advanced, serious-minded high school player who is interested in possibly playing at the collegiate level. Activities will consist of competitive games, position work and advanced skill development in a college practice setting as well as seminars on college admissions, recruiting process, etc. All campers will receive a free reversible practice jersey.

► **DINING** – Campers will be provided meals in one of the university's two newly-renovated student dining halls located in close proximity to the residence halls & Freeman Center.

► **HOUSING** – Overnight campers will be housed in one of the university's air-conditioned residence halls. Campers will need to provide their own sheets, pillows, blankets, towels, shower shoes, toiletries and alarm clock.

*A \$25 discount applies for 2 or more campers from the same family
A \$25 discount applies for all CNU Faculty/Staff*

CAMP APPLICATION

Camper's Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Parent/Guardian: _____
Parent/Guardian Cell #: _____
Alternate Emergency Phone #: _____
Email: _____
Age: _____ Grade (Fall 2019): _____
School (2019-20): _____
T-Shirt Size: Youth - M L Adult - S M L XL 2XL

Check One:

- ___ \$195 Day Camp - June 17-21 (9:00am - 4:00pm)
 - ___ \$185 Elite Prospect Camp - June 28-29 (Overnight)
 - ___ \$150 Elite Prospect Camp - June 28-29 (Commuter)
 - ___ \$75 Elite Prospect Camp - June 28 (Only) (2pm - 9pm)
 - ___ \$75 Elite Prospect Camp - June 29 (Only) (9am - 5pm)
- Roommate Preference:* _____

Make checks payable to: Captains Girls Basketball Camps

Liability Waiver & Medical Release Statement

I hereby give permission for the camp director and staff to obtain medical treatment for my child, _____ in the event of accident or illness during her presence at the camp. I understand that participating in any sport, including camp, there is a risk of injury which could result in serious or permanent injury, paralysis or death. To minimize the risk of injury, I agree to tell my child to obey all safety rules and to report fully any problems related to her physical condition to the camp coaches. My child is not currently under any care of a physician for an injury or illness that would prevent her safe participation in the camp. My child has no history of fainting or any other problems related to strenuous exercise. I declare that my child is in good health and there is no reason she cannot safely participate in any strenuous physical activity. In consideration for accepting my child into camp, which uses university facilities, I hereby agree that I am and shall be responsible for all costs associated with any injury or loss that may be sustained by my child as a result of her participation at the camp. I agree to release and promise not to sue the Commonwealth of Virginia, Christopher Newport University or their employees or agents for any damages, loss, injury or death arising from my child's participation in camp, unless such damages, loss, injury or death are caused by the gross negligence or intentional misconduct of such employees.

List any allergies: _____

List any medical conditions: _____

Signature of Parent/Guardian Date

MEDICAL INSURANCE INFORMATION:

INSURANCE COMPANY: _____
POLICY NUMBER: _____
POLICY HOLDER: _____

Mail Application to: Captains Girls Basketball Camps
P.O. Box 6023, Newport News, VA 23606

If you have any questions, please contact Coach Ferri at
captainsgirlsbasketballcamp@gmail.com or (757) 594-7694.